

DRINKS

Hot Beverages

Espresso.....	\$1.50/\$2.00/\$2.50
House Coffee.....	\$1.95/\$2.25/\$2.45
Americano.....	\$2.40/\$3.40/\$3.70
Cafe Latte.....	\$2.40/\$3.40/\$3.70
Cappuccino.....	\$2.40/\$3.40/\$3.70
Cafe Mocha.....	\$3.25/\$4.15/\$4.45
White Mocha.....	\$3.55/\$4.35/\$4.65
Mexican Mocha.....	\$3.55/\$4.35/\$4.65
Hot Chocolate.....	\$2.40/\$3.40/\$3.70

Cold Beverages

Coke Products (Can).....	\$1.95
Coke Products (Bottle).....	\$2.95
Juices.....	\$1.95
Unsweetened Iced Tea.....	\$1.95
Lemonade.....	\$1.95
Snapple.....	\$1.95
Bottled Water.....	\$1.95
Powerade.....	\$2.95
Energy Drinks.....	\$2.95

Desserts

Giant Chocolate Chip Cookie	\$2.45
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CATERING

Assorted Sandwich Platter

\$9.95 Per Sandwich

A variety of our best sellers
individually wrapped, cut into halves
and displayed on a platter.

Add on a selection of Chips and,
Sodas or Water for \$3.00 Per Person.

Large Green Salad	Serves 10	\$30.00
Large Fresh Fruit Salad	Serves 10	\$30.00

SOUPS

Check www.deliicious.com for today's selection

Chili con Carne.....	\$4.95/\$6.95
Served everyday	
Soup of the Day.....	\$4.95/\$6.95

Still offering free local delivery
in La Jolla Village
(>\$25 for free delivery please)

Now offering curbside pickup



Deli-icious

1237 Prospect Street * Suite J
www.deliicious.com

858-456-6235

ORDER ONLINE



"We serve only the finest"

*Top Quality Deli Meats

*Fresh Salads made daily

*Fresh baked bread delivered daily from
San Diego's own local Bread & Cie Bakery

Locally owned and operated
Since 1992
Gluten Free Options

BREAKFAST

Bowls & Bakery

Acai Bowl	\$9.95
(Acai, Fruit, Granola, Honey, Coconut)	
- Add Peanut Butter	+\$1.00
Oatmeal (Bananas, Cranberries)	\$3.95
- Add Walnuts	+\$1.00
Bagel	\$2.95
-Add Cream Cheese	\$3.95
-Veggie (Cheese, Tomato, Onion)	\$4.95
-#9 (Veggie + Bacon)	\$5.95
Buttered Toast	\$2.95
Muffin	\$2.95
Pastries	\$2.95

Breakfast Sandwiches (on Bagels)

Bacon, Egg & Cheese	\$6.95
Two fresh eggs, crispy bacon, pepper jack, tomato and onion.	
Ham it up	\$6.95
Two fresh eggs, American cheese, ham and tomato	
Sausage & Egg	\$6.95
Two fresh eggs, sausage patty, pepper jack, tomato and onion.	
Avocado Toast.....	\$9.95
Avocado, sprouts & tomato on toasted sourdough	

Breakfast Burritos

Wall Street	\$6.95
Two eggs, ham, cheddar, tomato, onion and salsa	
La Jolla	\$6.95
Two eggs, crispy bacon, cream cheese, tomato and onion	
The Cove	\$6.95
Two eggs, sliced London broil, jack cheese, Tabasco, tomato and onion	
The So-Cal	\$6.95
Two eggs, sliced avocado, jack cheese and tomato	

SALADS & SIDES

Taco Salad	\$10.95
Chicken breast, avocado, diced tomato, cheese blend, black beans, tortilla chips on mixed greens with spicy ranch dressing and seasoning.	
Chopped Cobb Salad	\$10.95
Mixed greens, roasted turkey breast, crispy bacon, sliced hardboiled egg & avocado. Served with ranch dressing.	
Honey Berry	\$10.95
Chicken breast, strawberries, cranberries and shaved parmesan. Served on mixed greens with honey mustard	

Chicken Salad	\$10.95
Creamy chicken salad with chopped apples, celery, cranberries & walnuts, served on our large green salad with apple cider vinaigrette	

The Italian Salad	\$10.95
Italian Torpedo in a salad! Pepperoni, salami, provolone, red onion, & pepperoncini peppers served on mixed greens with Italian dressing.	

Caprese Salad	\$10.95
Fresh sliced mozzarella with tomatoes on a bed of mixed greens. Sprinkled with basil and drizzled with olive oil.	

Falafel Salad	\$10.95
Falafel balls (ground chickpeas) with tomatoes, cucumber, and onion on a bed of mixed greens. Served with creamy tzatziki.	

Buffalo Chicken	\$10.95
Shredded buffalo chicken breast on fresh mixed greens with shaved Parmesan. Served with ranch dressing.	

Asian Salad	\$10.95
Chicken breast, mandarin oranges, wonton strips, cranberries, almonds and sesame seeds on mixed greens. Served with Asian dressing.	

Large Green Salad	\$5.95
Baby greens, romaine, cucumber, tomato, carrots and red cabbage. Dressing of choice.	

Add Egg Salad - \$2.95

Add Tuna Salad or Chicken Breast - \$4.95

Sides

Potato, Macaroni or Egg Salad	\$2.95
Chicken Salad Cup (8oz)	\$5.95
Tuna Salad Cup (8oz)	\$4.95
Small Green (side) Salad	\$2.95
Fruit Cup	\$5.95
2 Boiled Eggs	\$1.95
Chips	\$1.95

COLD SANDWICHES

Chef's Choice 1/2	\$10.95
Turkey breast, avocado, Swiss cheese, sprouts, tomato and onion on whole wheat bread with mayo and mustard.	

The Monster 1/2	\$10.95
Turkey breast, ham, Swiss cheese with crispy bacon, lettuce, tomato and onion on a French roll with mayo and mustard.	

Tuna Wrap	\$9.95
Freshly made tuna salad with lettuce, tomato and cucumber served in a whole wheat wrap with mayo and deli mustard.	

Italian Torpedo 1/2	\$11.95
Genoa salami, thinly sliced ham, pepperoni with Provolone cheese, lettuce, tomato & onions with Italian dressing on a French roll with mayo and deli mustard.	

Roast Beef Wrap	\$10.95
Lean slices of roast beef with Swiss cheese and spicy horseradish served in a whole wheat wrap with lettuce, tomato, onions and ranch dressing and mustard & mayo.	

Chicken Waldorf 1/2	\$9.95
Creamy chicken salad made with apples, celery and walnuts on whole wheat bread with lettuce	

TBA - Turkey, Bacon, Avocado 1/2	\$12.95
Turkey breast, bacon, avocado with Jack cheese, sprouts, tomato and onion on toasted sourdough bread with mustard & mayo.	

Egg Salad 1/2	\$9.95
Freshly made old fashioned egg salad with lettuce, tomato and onion on whole wheat bread	

Tuna T' n T' 1/2	\$10.95
Our freshly made tuna salad on toasted rye with lettuce, sprouts, tomato and onion plus a big shot of Tabasco and mustard & mayo.	

BLTA 1/2	\$10.95
Crispy bacon, lettuce, tomato, avocado and mayo on toasted sourdough	

Create Your Own 1/2	\$10.95
Your choice of bread, meat and cheese. Add whatever toppings you want. Avocado - Add \$2.00. Sprouts - Add \$1.50	

Combo	
1/2 Sandwich + Soup/Chilli or Salad	
For all Sandwiches marked with 1/2 available as a half sandwich with a soup/chilli or small green salad (full sandwich price).	

 = Customer Favorite

HOT SANDWICHES

French Dip	\$12.95
Thinly sliced beef topped with melted provolone, stuffed in a toasted French roll. Served with a side of au jus.	

Rueben	\$11.95
Melt in your mouth hot pastrami with Swiss cheese, tangy sauerkraut and spicy mustard on toasted corn rye	

Tuna Melt	\$9.95
Freshly-made tuna salad, melted cheddar on toasted sourdough	

Lumber Jack	\$11.95
Crispy chicken filets topped with melted jack cheese, crispy bacon, lettuce, tomatoes, onion and ranch dressing on a French roll with mustard & mayo.	

Hot Roast Beef	\$11.95
Thinly sliced tender roast beef with melted Swiss cheese, lettuce, tomato & onion on a French roll with mustard & mayo.	

Ranch Chicken Wrap	\$9.95
Crispy chicken breast with lettuce, tomato, onion and ranch dressing in a whole wheat wrap with mayo and deli mustard.	

Pastrami Melt	\$12.95
Thinly sliced piping hot pastrami with melted Swiss cheese, avocado slices, ranch dressing, lettuce, tomato and onions on a French roll with mustard & mayo.	

Turkey Mex	\$10.95
Turkey breast, mild green chillies, melted pepper jack cheese, lettuce, sprouts, tomatoes and onions on a French roll with mayo and deli mustard.	

HOT PANINI'S

Buffalo Chicken Panini	\$10.95
Tender sliced chicken breast & sharp cheddar cheese melted together with tangy buffalo sauce and pressed on the grill. Served on sourdough with a side of wing sauce	

Ham & Swiss Panini	\$10.95
Thin slices of premium ham with melted Swiss cheese, sweet & spicy honey mustard then pressed on the grill. Served on rye	

Turkey & Avocado Panini	\$11.95
Slices of roasted turkey breast with Jack cheese, fresh avocado, spicy mustard, mayo melted and pressed on the grill. Served on sourdough	

Four Cheese Panini	\$10.95
Swiss, Provolone, Cheddar, & Jack cheese melted together on sourdough and pressed on the grill. Served on sourdough with a side of blue cheese dipping sauce	

MOREHOT PANINI'S

Jalapeño Popper Panini	\$10.95
Crispy bacon, spicy jalapeños, cream cheese and melted Jack cheese, making spicy & savory deli-iciousness. On sourdough	

Caprese Panini	\$10.95
Fresh sliced mozzarella with tomatoes in a French roll with pesto spread, sprinkled basil and olive oil. Salt and pepper. Then grilled on the panini press.	

Kid's American Grilled Cheese	\$8.95
Our take on the classic. Just American cheese on sourdough.	

VEGGIE SANDWICHES

The Green Giant 1/2	\$9.95
Cream cheese, crisp slices of cucumber, tomato, sprouts and avocado on whole wheat	

Garden Wrap	\$9.95
Avocado, lettuce, sprouts, tomato, cucumber and onion in a whole wheat wrap. With ranch dressing.	

Super Veggie 1/2	\$9.95
Cheddar and Provolone cheese with avocado, sprouts, tomato and onion on wheat toast	

Greek Garden Wrap	\$9.95
Romaine, tomato, avocado, cucumber, red onion and feta cheese with ranch dressing	

The Jackie 1/2	\$9.95
Avocado, cucumber, pickles, tomato, onion, sprouts and lettuce with Pepper Jack (naturally) on sourdough with mayo and mustard.	

Caprese Sandwich 1/2	\$9.95
Fresh sliced Mozzarella with tomatoes in a French roll with pesto spread, sprinkled basil and drizzled olive oil. Salt and pepper on top.	

The Goddess 1/2	\$9.95
Hummus, avocado, cucumber, tomato, pepperoncini, lettuce, basil with italian dressing and salt and pepper. On sourdough.	

Falafel Wrap	\$10.95
Falafel balls (ground chickpeas) with tomatoes, cucumber, and onion with mixed greens, tzatziki sauce, salt & pepper in a wheat wrap.	

Extras

Add Meat	\$3.00
Add Cheese	\$1.50
Add Avocado	\$2.00
Add Sprouts	\$1.50